

Hot weather & sun protection policy

During the warm/hot weather parents are advised of the nursery's Sun Protection & Hot Weather Policy. In warm/hot weather the children will only go outside for limited periods and not be exposed to very hot midday sun.

The nursery also provides fresh drinking water throughout the day and will encourage all children to drink fluids regularly to keep hydrated, either by topping up their drink bottles or providing cups of water.

The application of sun creams or sunblock

- **Sun block/creams are the sole responsibility of the parent to supply and apply. This should be administered ideally at home (due to the soaking in period required before effectiveness) or before you leave them at nursery.**
- We advise parents that if their child is in nursery for a full day (9.00am-3.30pm) that there are creams/blocks/lotions on the market that can last for up to 12 hours on one application. If however any parent would like to come to nursery at lunchtime to reapply a cream/lotion they are welcome to do so.
- **The only exception** to this is if there is a medical reason that requires the frequent application of sun cream e.g. skin condition, in this instance a care plan will be written for the individual child and the parent will supply the appropriate sunblock/cream which will be signed into nursery in accordance with our medical policy.
- **It is not permitted to leave sun creams or lotions in your child's bag** at the nursery as it is a chemical which should be out of the reach of young children in case of ingestion or inappropriate application. **Any cream/lotion found in a child's bag will be removed and returned to the parent at the end of the child's session.**
- The nursery will have a bottle of high factor, sensitive sun cream available for parents to use in an emergency. However this is still the responsibility of the parent to apply.

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- In the unlikely event that a child would become sunburnt due to the parent not having applied cream or not applying cream supplied by the nursery, we would contact the parents immediately and ask that the parents seek advice from a pharmacist and apply appropriate soothing lotion.
- **If a child arrives at nursery displaying obvious effects of over exposure to the sun. We will complete a marks on arrival sheet for the parents to acknowledge the child’s condition** and we will keep the child inside/out of the sun, until it is agreed with parents that the child’s skin has recovered fully.

Hats & clothing

- **Please ensure your child comes with a sunhat.** A wide brimmed hat is best or a cap with a protective back flap to protect the back of the neck. **Due to the current Covid restrictions the nursery can’t supply their usual caps/hats.** Children are only allowed out to play wearing one and encouraged to keep it on at all times while outside.
- We ask that girls wearing strappy dresses or dressed with uncovered shoulders are provided with an item of clothing to wear that will cover the exposed area, when they are outside in the sun, so as to protect sensitive skin against sun damage.
- **All children are required to bring in a long-sleeved item of clothing e.g. long sleeved T-shirt or jumper/cardigan** to cover their arms if staff deems it is appropriate to protect skin.

Footwear & sandals

- **The nursery doesn’t permit open-toe, flip flops or croc type shoes** due to the high risk of tripping incidents. Any child wearing this type of shoe will not be permitted to use the Wendy house steps, climb on the Ark or use some of the balance equipment in the grassed Ark area. Parents will be asked to supply an alternative type of footwear for their child next session, so they can access all areas of the nursery.